

# SLEEP MEDICINE REFERRAL FORM

REMEDY MEDICAL SUPPLY, INC.

3717 E Thousand Oaks Blvd, Ste 212

805-267-1858

FAX TO (805) 435-0432

## Referring Provider Information *(Please attach chart notes indicating medical necessity)*

Name: \_\_\_\_\_ Specialty: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Office: (\_\_\_\_\_) \_\_\_\_\_ Fax : (\_\_\_\_\_) \_\_\_\_\_

NPI #: \_\_\_\_\_

**Patient Information** (Demo Sheet is acceptable) Medicare, Gold Coast, PPO and Cash Patients are accepted.

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: M F (circle one)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ Secondary #: (\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Primary Insurance: \_\_\_\_\_ ID #: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_ ID #: \_\_\_\_\_

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## Sleep Symptoms: (Check all that apply) *(Please provide patient charts documenting all choices below)*

- Snoring  Excessive Daytime Sleepiness  Witnessed Apneas  Waking up Gasping/Choking  
 Narcolepsy  Insomnia  Parasomnia  Memory Loss  Non-restorative Sleep  Headaches

## Significant Medical History: (Check all that apply) *(Please provide patient charts documenting all choices below)*

- Obesity: BMI > 30  Neck Size > 17" (for men)/ 16" (for women)  Diabetes  Hypertension  
 Heart Disease  Stroke  Pre-Op  Depression  COPD  GERD  Other \_\_\_\_\_

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## Service Requested: (Check all that apply)

**Lab Preference** (If Applicable) \_\_\_\_\_

- Sleep Consultation with a Board Certified Sleep Specialist for evaluation, diagnostic testing, and ongoing therapy management. (No Gold Coast)  
 PSG (Polysomnography) and Titration if needed – Overnight Sleep Diagnostic in lab with technician assistance. (Medicare, Gold Coast, PPO)  
 50/50 Split Study – Half night diagnostic/Half night PAP titration (Attach Previous Test)  
 Titration PSG – Overnight in-lab study with PAP and/or other devices with technician assistance  
 MSLT/MWT – Multiple Latency Test/Multiple Wakefulness Test to rule out Narcolepsy. *PSG may be substituted if patient meets protocol.*  
 Home Sleep Study (HST) – In-home sleep diagnostic and In-Lab Titration if necessary. (NO GCHP)  
 PAP NAP - Daytime study 2-3 hrs to trouble shoot compliance issues  
 Other: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Contact: \_\_\_\_\_